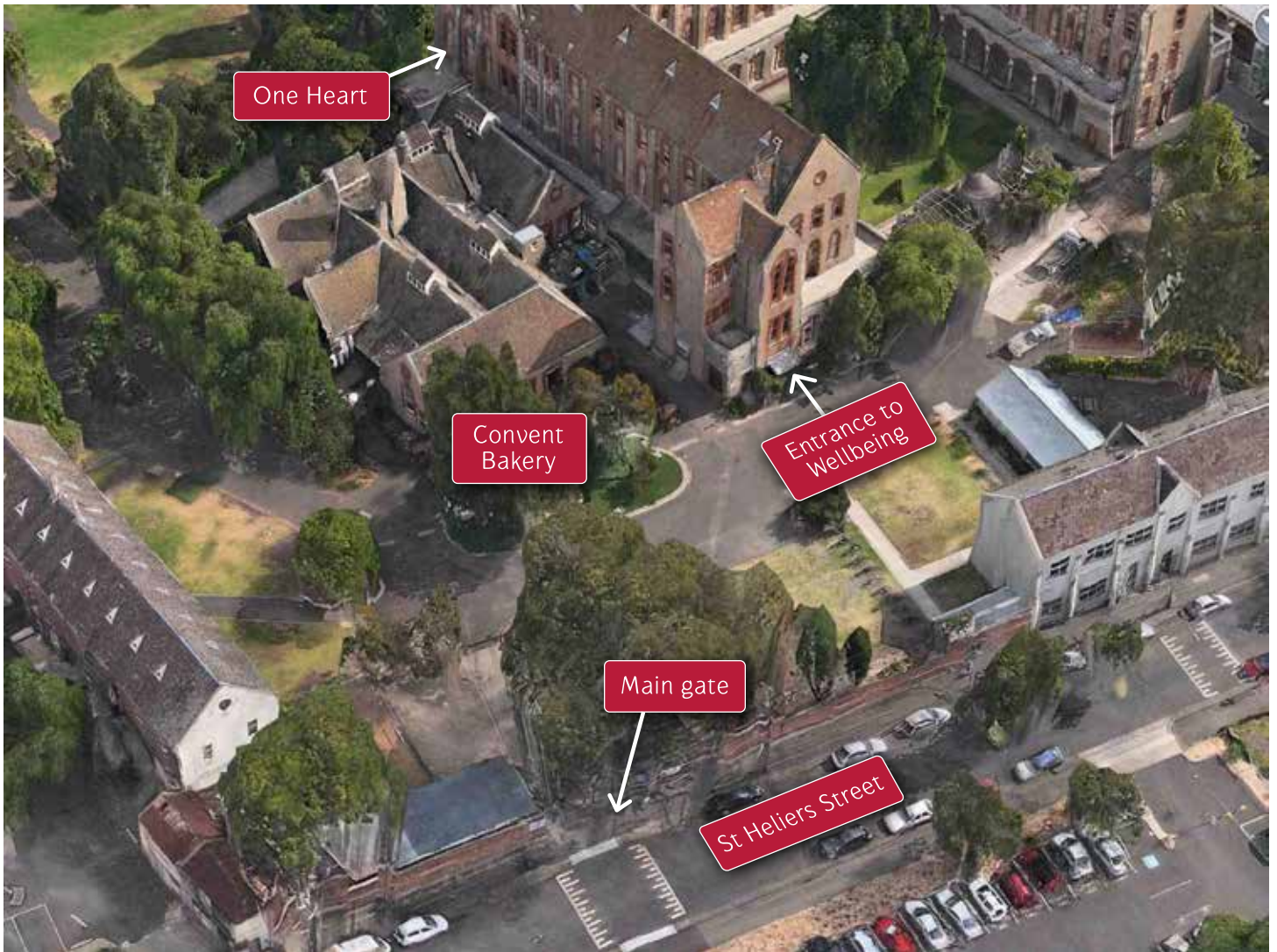


One Heart is based at The Abbotsford Convent. Room C1.31 - Level 1 - WellBeing at the Convent

From the main entrance at St Helier's Street, veer right and walk past The Convent Bakery. In the building on your left, next to the Bakery, is the WellBeing wing. Go up the stairs to Level 1 and enter the WellBeing corridor.

Walk past all the WellBeing practitioners rooms, and One Heart is at the end of the corridor - just to the right (you will see our sign on the door).



Entrance stairs
Level 1.

